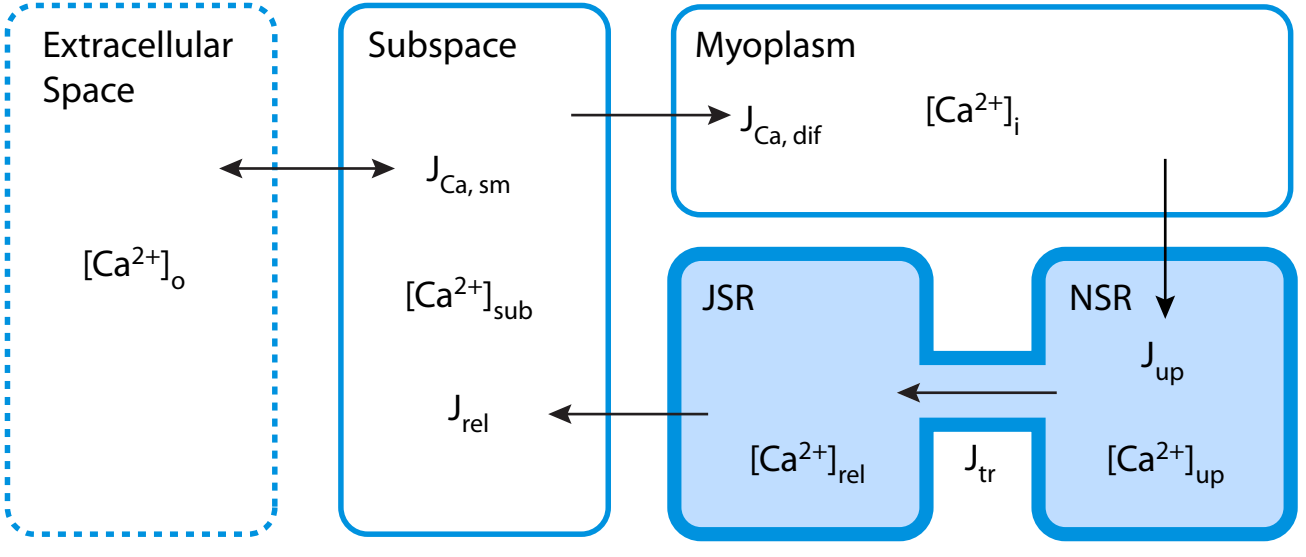

Extracellular Space
$[Ca^{2+}]_o$
Subspace
$J_{Ca,\,sm}$
$[Ca^{2+}]_{sub}$
J_{rel}
Myoplasm
$J_{Ca,\,dif}$
$[Ca^{2+}]_i$
JSR
$[Ca^{2+}]_{rel}$
NSR
J_{up}
J_{tr}
$[Ca^{2+}]_{up}$