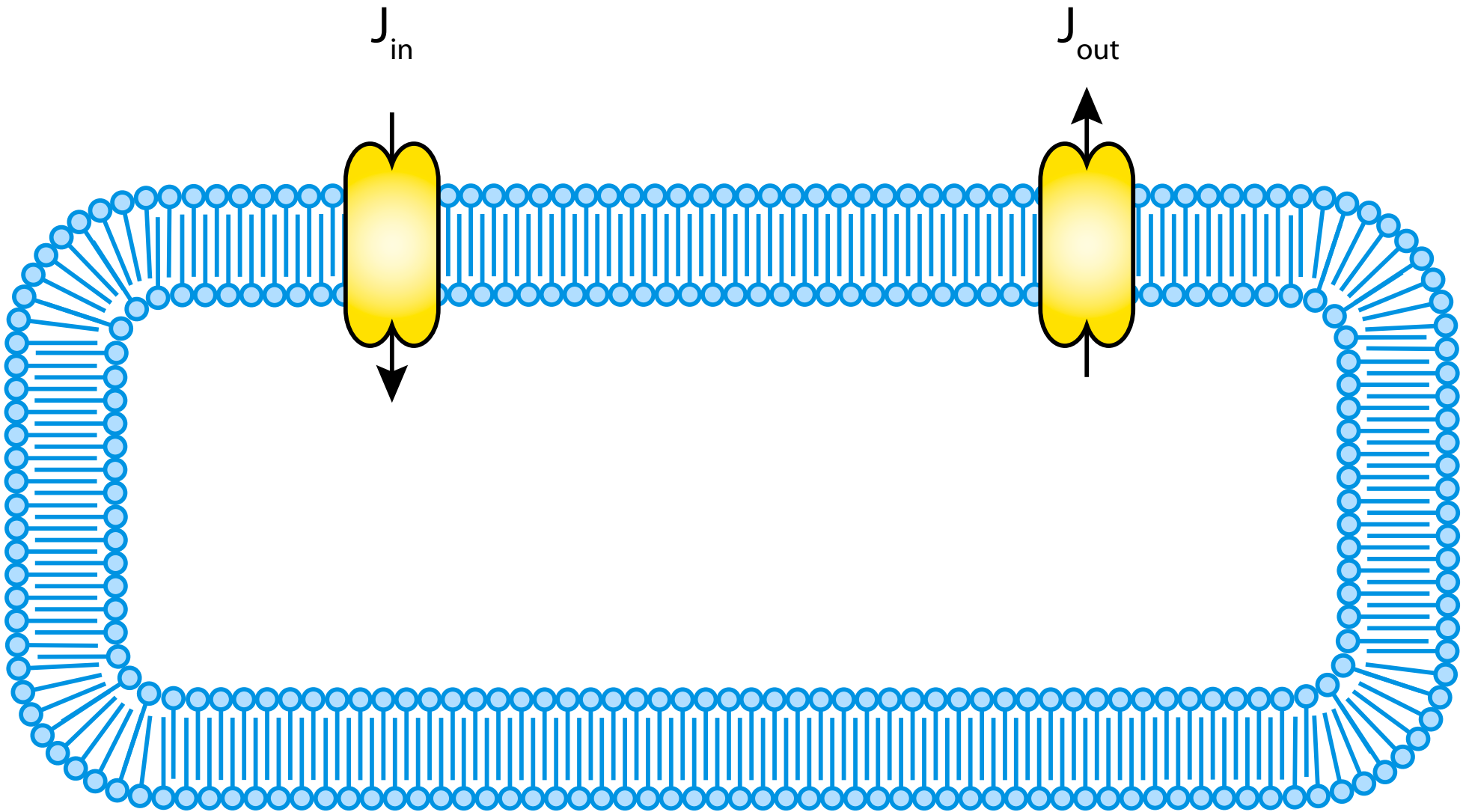
J in
J out